Grow Your Own Mushrooms!

1. Cut an X in the bag with a sharp knife about 3” x 3” through hole in box and mist the opening with spray bottle. It’s ok to cut into the mycelium.
2. In 2-4 days you will begin to see mushroom growth.
3. Mist opening twice a day.
4. Ready to harvest when the mushroom cap is 2-3 in across. Before the caps begin to flatten out and curve upwards.
5. Eat and Enjoy!
6. Scrape off remaining growth and seal with tape.
7. Repeat with other side of grow bag.

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