

THE BOUNTY, BEAUTY AND BENEFITS OF BEER

DR. CHARLIE BAMFORTH, UC DAVIS

Beer is the basis of modern civilization. Without it, humankind would have not established static communities. Without it, we would not have the modern pharmaceutical industry. With beer, we have the world's favorite alcoholic beverage – the drink of moderation.

The science and technology of making beer is complex yet astonishing. And my! What a feast of beers there is worldwide, from the ultimate breakfast beer of hefeweissen to Thomas Hardy's Ale, once called the Ultimate Book at Bedtime beer.

And, when consumed in moderation, beer makes a directly beneficial contribution to the diet, from countering atherosclerosis and osteoporosis to clearing out the kidneys and benefiting the bowel.

And its fun, as this lecture will show.



Dr. Charlie Bamforth is Anheuser-Busch Endowed Professor of Malting & Brewing Sciences at UC Davis and described as the world's most knowledgeable beer researcher. He has published extensively, most recently *Beer is Proof God Loves Us*. He was named one of the 20 professors changing the US classroom (*Playboy* magazine).

Date: Thursday, July 21, 2011

Time: 5:30 No-host bar and beer tasting. Program begins at 6:00 p.m.

Cost: \$10 donation requested includes beer tasting (must be 21)

Location: Tahoe Center for Environmental Sciences
291 Country Club Drive, Incline Village, Nevada

